



DR STEVEN SMILKSTEIN CHIROPRACTOR

PROFILE

Gender: Male
Date of Birth: 21/09/1986
RSA ID No: 8609215042086
Place of birth: Johannesburg,
Nationality: South African
Marital status: Married

LANGUAGES:

ENGLISH, AFRIKAANS

CONTACT

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8victorymedcentre@gmail.com

HOBBIES

Reading
Equipment and Technological
DIY Maintenance
Cricket
Swimming
Golf
Scuba Diving

EDUCATION

UNIVERSITY OF JOHANNESBURG

2005 – 2011

Magister Technologiae (M Tech Chiropractic) 2011
Baccheluier Technologiae (B Tech Chiropractic) 2009
National Diploma (NDip Chiropractic) 2005 – 2008

FEDERATION INTERNATIONALE DE CHIROPRACTIQUE DU SPORT

2016 - 2021
ICCSP (FICS) 2016
ICSC(FICS) 2019

RESEARCH

UNIVERSITY OF JOHANNESBURG MAGISTER TECHNOLOGIAE

2009–2010

Research Dissertation: compiled as partial fulfillment of the
Masters of Technology of Chiropractic:

*“THE EFFECT OF CHIROPRACTIC ADJUSTMENT OF THE
TEMPOROMANDIBULAR JOINT COMPARED TO
CHIROPRACTIC ADJUSTMENT OF THE CERVICAL SPINE
IN THOSE WITH CHRONIC NECK PAIN”*

CURRENT WORK EXPERIENCE

Owner of Victory Chiropractic,

2011–PRESENT

1. PRACTICING FROM:

WANDERERS WELLNESS CENTRE,
WANDERERS SPORTS CLUB
21 NORTH STREET,
ILLOVO,
SANDTON,
2196

I Practice in:

- Chiropractic based treatment for general, and sports conditions in surgery and on sports fields.
- Spinal and neurological assessment and treatment.
- Special interest in acute injury and rehabilitation.

2. Federation Internatlnale Chiropractique du Sport (FICS)

2019–2021

Education Commission Member (EduCo)
Content Creation for FICS: ICCSP and ICSC Program

3. International Sports Chiropractor at the IWGA World Games

July 2017

WROCLAW, POLAND

Worked on international athletes in sports disciplines and federations:

- Power Lifting
- Korfbal
- Fistball
- Squash
- Canoe Polo
- Archery
- Mui Thai
- Sumo
- Rhythmic Gymnastics

4. Independent Assessor for the FICS Student Scholarship program (Africa Representative)

2016-2018

- International integration of international sports chiropractors world-wide.
- Review and assessment on international scholarship applications.
- Representation from Africa region as independent FICS member.
- Representative of CHIROSPORT SOUTH AFRICA.

5. UNIVERSITY OF JOHANNESBURG

2017–2021

Course Moderator for Clinical Biomechanics

Assessment of student competency in both the theory and practical components involved in Clinical Biomechanics and Kinetics for Honours Level (4th Year) and Masters Level (5th Year) Chiropractic Students.

6. Lecturer / Examiner, Chiropractic, Faculty of Health Sciences

2014–2018

7. Supervisor for Masters Research and Publications:

2015 - to present

Reviewed 24 researches.
Research feedback on current dissertations.

- Co-supervisor For Masters Level Research (M-Tech Chiropractic UJ) 2016
Researcher: Matthew Levine,
Supervisors: Dr Chris Yelverton, Dr Steven Smilkstein.
Research Title: *“THE ACUTE EFFECTS OF CHIROPRACTIC MANIPULATION ON THE ACCURACY AND BOWLING SPEED OF MALE BOWLERS”*
- Co-supervisor For Masters Level Research (M-Tech Chiropractic UJ) 2015
Researcher: Marc Templeton,
Supervisors: Dr Chris Yelverton, Dr Steven Smilkstein.
Research Title: *“THE IMMEDIATE EFFECT OF CHIROPRACTIC SPINAL MANIPULATIVE THERAPY ON THE X-FACTOR STRETCH OF ELITE AMATEUR GOLFERS”*

8. University of Johannesburg Athletics

2016–2020

Sports Chiropractor for University of Johannesburg Athletics and CGA Athletics

9. Chiropractor and Guest Lecturer with The Golf School of Excellence (TGSE) academy.

2011–2014

10. Chiropractor for Pirates Rugby Club

2011-2014

11. Chiropractor for Wanderers Rugby Club

2012-2019

SPECIAL INTERESTS

- EDUCATION AND TEACHING
- BIOMECHANICS
- SCOLIOSIS MANGEMENT
- JUVENILE ATHLETES AND GRASS ROOT DEVELOPMENT IN SPORT
- SPORT INJURY MANAGEMENT
- ATHLETICS: (SPECIAL INTEREST IN LONG AND TRIPLE JUMP AND THROWING DISCIPLINES
- SWIMMING
- SQUASH
- RUGBY
- CRICKET
- GOLF

ACCREDITATION NUMBERS

- Registered with the Allied Health Professions Council (AHPCSA) Reg no.: A 10995
- Registered with the Board of Health Funders (BHF) Practice no.: 0410136
- Registered with Chiropractic Association of South Africa (CASA).: MCASA 782
- Registered Sports Chiropractor with Federation Internatilnale Chiropractique du Sport (FICS):
- ICCSP (international certified sports chiropractic practitioner) Certificate Number: T201602222193
- ICSC (International Certificate in Sports Chiropractic) Certificate Number: ICSC000011

Dr. Steven Smilkstein

Registered Chiropractor

M Tech Chiropractic (UJ) MCASA MFICS
PR: 0410136 AHPCSA: A 10995

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Wanderers Wellness Centre

The Wanderers Club
21 North Road, Melrose North



