

# Shea A. Stark

DC, CCSP, ICSC, EMT

## SPORTS CHIROPRACTOR

### PROFESSIONAL LINKS:

INSTAGRAM @starkchiroandsports

FACEBOOK

[www.facebook.com/starkchiroandsports](http://www.facebook.com/starkchiroandsports)

WEBSITE [www.starkchiroandsports.com](http://www.starkchiroandsports.com)



Dr. Shea Stark graduated from Texas Chiropractic College in December 2014 and spent the first 6 years of her career in Bozeman, Montana working for a prominent sports chiropractic clinic. She returned home to Houston, Texas in June 2020 and opened Stark Chiropractic & Sports. She is a Certified Chiropractic Sports Practitioner, holds an International Certificate in Sports Chiropractic and is an EMT.

Dr. Stark is the current Past President of the ACA Sports Council and the US Representative to the International Federation of Sports Chiropractic (FICS). She has provided sports chiropractic care at events such as the FIVB Las Vegas Open and AVP Seattle beach volleyball events, the National Collegiate Tae Kwon-do Championships, WAKO Kickboxing World Championships and the Houston Livestock Show and Rodeo.

### EDUCATION:

2002-2004 ASSOCIATE OF SCIENCE  
2004-2007 BACHELOR OF SCIENCE - BIOLOGY  
2011-2014 DOCTORATE OF CHIROPRACTIC

YAVAPAI COLLEGE  
NORTH CAROLINA A&T STATE UNIVERSITY  
TEXAS CHIROPRACTIC COLLEGE (TCC)

### INTERNSHIPS AND PRECEPTORSHIPS:

2014 MOODY HEALTH CENTER  
2014 BRIDGE OVER TROUBLED WATER  
2014 RICE UNIVERSITY ATHLETICS  
2014 BATTERTON CHIROPRACTIC CLINIC  
2014 PRO CHIROPRACTIC

CHIROPRACTIC INTERN TCC  
CHIROPRACTIC INTERN PASADENA, TX  
CHIROPRACTIC INTERN HOUSTON, TX  
CHIROPRACTIC PRECEPTOR HOUSTON, TX  
CHIROPRACTIC PRECEPTOR BELGRADE, MT

### CHIROPRACTIC CONFERENCES:

FEB 2012 NATIONAL CHIROPRACTIC LEGISLATIVE CONFERENCE  
JUL 2012 ACA SPORTS COUNCIL SYMPOSIUM  
SEP 2012 TEXAS CHIROPRACTIC COLLEGE LEADERSHIP WORKSHOP  
OCT 2012 SACA NATIONAL LEADERSHIP CONFERENCE  
MAR 2013 NATIONAL CHIROPRACTIC LEGISLATIVE CONFERENCE  
SEP 2013 ACA SPORTS COUNCIL SYMPOSIUM  
FEB 2014 NATIONAL CHIROPRACTIC LEGISLATIVE CONFERENCE  
OCT 2014 ACA SPORTS COUNCIL SYMPOSIUM  
OCT 2015 ACA SPORTS COUNCIL SYMPOSIUM  
MAR 2016 ACA REHAB AND PEDIATRICS SYMPOSIUM  
OCT 2016 ACA SPORTS COUNCIL SYMPOSIUM

WASHINGTON, DC  
SCOTTSDALE, AZ  
PASADENA, TX  
DALLAS, TX  
WASHINGTON, DC  
EAST RUTHERFORD, NJ  
WASHINGTON, DC  
PORTLAND, OR  
DENVER, CO  
LAS VEGAS, NV  
NEW ORLEANS, LA

OCT 2017	ACA SPORTS COUNCIL SYMPOSIUM	DENVER, CO
APR 2018	ACBSP SYMPOSIUM	SAN DIEGO, CA
OCT 2018	ACA SPORTS COUNCIL SYMPOSIUM	MINNEAPOLIS, MN
FEB 2019	JOINT COMMISSION ON SPORTS MEDICINE AND SCIENCE	SPOKANE, WA
APR 2019	ACBSP SYMPOSIUM	SALT LAKE CITY, UT
OCT 2019	ACA SPORTS COUNCIL SYMPOSIUM	MIAMI, FL
FEB 2020	JOINT COMMISSION ON SPORTS MEDICINE AND SCIENCE	MINNEAPOLIS, MN
MAR 2020	ACA REHAB COUNCIL SYMPOSIUM	TEMPE, AZ
JUL 2020	TEXAS CHIROPRACTIC COLLEGE ANNUAL CONVENTION	VIRTUAL
SEPT 2020	ACA SPORTS COUNCIL SYMPOSIUM	VIRTUAL
NOV 2020	TEXAS SPORTS CHIROPRACTIC CONFERENCE	VIRTUAL
MAR 2021	ACA REHAB COUNCIL SYMPOSIUM	VIRTUAL
MAY 2021	FICS SYMPOSIUM - ATHLETE'S JOURNEY	VIRTUAL
OCT 2021	ACA SPORTS COUNCIL SYMPOSIUM	VIRTUAL
FEB 2022	JOINT COMMISSION ON SPORTS MEDICINE AND SCIENCE	LOUISVILLE, KY

**ADDITIONAL CONTINUING EDUCATION AND CERTIFICATIONS:**

2010	IMPACT CERTIFICATION - USA VOLLEYBALL
2013	FUNCTIONAL TAPING FOR MUSCULOSKELETAL INJURIES
2013	FAKTR CERTIFICATION
2015	AMERICAN RED CROSS CPR AND AED CERTIFICATION
2015	ROCKTAPE CERTIFICATION - FMT 1 AND FMT 2
2015	SELECTIVE FUNCTIONAL MOVEMENT ASSESSMENT (SFMA) CERTIFICATION
2015	SAFE SPORT CERTIFICATION
2016	GRASTON TECHNIQUE - MODULE 1
2017	AMERICAN RED CROSS CPR AND AED CERTIFICATION
2017	FAKTR WITH DYNAMIC TAPE
2018	CERTIFIED CHIROPRACTIC SPORTS PHYSICIAN (CCSP)
2018	SAFE SPORT CERTIFICATION
2018	INSTITUTE OF ATHLETE REGENERATION DRY NEEDLING LEVEL 1
2019	AMERICAN RED CROSS CPR AND AED CERTIFICATION
2019	EMERGENCY MEDICAL TECHNICIAN
2019	INTERNATIONAL CERTIFICATE IN SPORTS CHIROPRACTIC (ICSC)
2019	GRASTON TECHNIQUE - MODULE 2
2019	GRASTON TECHNIQUE SPECIALIST (GTS)
2019	DYNAMIC TAPE
2020	FUNCTIONAL TAPING FOR MUSCULOSKELETAL INJURIES
2020	SAFE SPORT CERTIFICATION
2021	AMERICAN RED CROSS CPR AND AED CERTIFICATION
2021	SAFE SPORT CERTIFICATION

**LICENSURE AND TECHNIQUE CERTIFICATION:**

DOCTOR OF CHIROPRACTIC - STATE OF MONTANA, 2015-2020  
DOCTOR OF CHIROPRACTIC - STATE OF CALIFORNIA, 2019-PRESENT  
DOCTOR OF CHIROPRACTIC - STATE OF TEXAS, 2020-PRESENT  
CERTIFIED CHIROPRACTIC SPORTS PHYSICIAN (CCSP) - 2018-PRESENT  
EMERGENCY MEDICAL TECHNICIAN (EMT) - 2019-PRESENT  
INTERNATIONAL CERTIFICATE IN SPORTS CHIROPRACTIC (ICSC) - 2019-PRESENT

**CHIROPRACTIC ADJUSTING TECHNIQUE CERTIFICATION:**

DIVERSIFIED  
THOMPSON DROP  
SACRO-OCCIPITAL TECHNIQUE  
ACTIVATOR

**HONORS AND AWARDS:**

2007 MAGNA CUM LAUDE - NORTH CAROLINA A&T STATE UNIVERSITY  
2013-2014 WHO'S WHO AMONG AMERICA'S COLLEGES AND UNIVERSITIES  
2014 ACA SPORTS COUNCIL STUDENT SERVICE AWARD

**MEMBERSHIPS AND AFFILIATIONS:**

AMERICAN CHIROPRACTIC ASSOCIATION (ACA)  
 AMERICAN CHIROPRACTIC ASSOCIATION SPORTS COUNCIL (ACASC)  
 FEDERATION OF INTERNATIONAL SPORTS CHIROPRACTIC (FICS)  
 AMERICAN BOARD OF CHIROPRACTIC SPORTS PHYSICIANS (ACBSP)  
 TEXAS CHIROPRACTIC ASSOCIATION  
 TEXAS SPORTS CHIROPRACTORS

USA VOLLEYBALL - LONESTAR REGION  
 HOUSTON LIVESTOCK SHOW AND RODEO  
 WOMEN'S BUSINESS FORUM - HOUSTON, TX

**BOARD APPOINTMENTS:**

STUDENT AMERICAN CHIROPRACTIC ASSOCIATION (SACA) -TCC CHAPTER  
 VICE PRESIDENT 2012-2014  
 STUDENT AMERICAN CHIROPRACTIC ASSOCIATION (SACA) SPORTS COUNCIL -TCC CHAPTER  
 EVENTS COORDINATOR 2012-2013  
 PRESIDENT 2013-2014  
 TEXAS CHIROPRACTIC COLLEGE STUDENT BODY ASSOCIATION  
 TREASURER 2012-2013  
 AMERICAN CHIROPRACTIC ASSOCIATION SPORTS COUNCIL STUDENT EXECUTIVE COMMITTEE  
 SECRETARY 2012-2013  
 2<sup>ND</sup> VICE PRESIDENT 2013-2014  
 AMERICAN CHIROPRACTIC ASSOCIATION SPORTS COUNCIL NATIONAL EXECUTIVE COMMITTEE  
 SECRETARY 2016-2017  
 2<sup>ND</sup> VICE PRESIDENT 2017-2018  
 1<sup>ST</sup> VICE PRESIDENT 2018-2019  
 PRESIDENT 2019-2021  
 PAST PRESIDENT 2021-PRESENT  
 INTERNATIONAL FEDERATION OF SPORTS CHIROPRACTIC (FICS)  
 UNITED STATES REPRESENTATIVE 2021-PRESENT

**COMMITTEE EXPERIENCE:**

AMERICAN CHIROPRACTIC ASSOCIATION SPORTS COUNCIL  
 SYMPOSIUM COMMITTEE 2015-2016  
 FEDERATION OF INTERNATIONAL SPORTS CHIROPRACTIC (FICS)  
 MEMBERSHIP COMMISSION 2016 - 2019  
 FEDERATION OF INTERNATIONAL SPORTS CHIROPRACTIC (FICS)  
 COMMUNICATION COMMISSION 2016  
 FEDERATION OF INTERNATIONAL SPORTS CHIROPRACTIC (FICS)  
 STUDENT COMMISSION LIAISON 2016  
 HOUSTON LIVESTOCK SHOW AND RODEO SPORTS MEDICINE COMMITTEE  
 CHIROPRACTOR 2020-PRESENT

**PRACTICE EXPERIENCE:**

PRO CHIROPRACTIC	BELGRADE, MT	JANUARY 2015-JUNE 2020
PRO CHIROPRACTIC, SATELLITE CLINIC	MANHATTAN, MT	JANUARY 2015-JUNE 2020
PRO CHIROPRACTIC	BOZEMAN, MT	AUGUST 2015-JUNE 2020
STARK CHIROPRACTIC & SPORTS	HOUSTON, TX	JUNE 2020-PRESENT

**ADVANCED EXPERIENCE:**

NOV 2014	MONTANA CLASS B DISTRICT VOLLEYBALL TOURNAMENT	MANHATTAN, MT
MAR 2015	MONTANA CLASS B DISTRICT BASKETBALL TOURNAMENT	MANHATTAN, MT
MAR 2015	RUN TO THE PUB 10K & HALF MARATHON	BOZEMAN, MT
AUG 2015	VETERAN'S MEMORIAL ALL STAR SOFTBALL CLASSIC	BELGRADE, MT
AUG 2015	BRIDGER CROSSFIT COMPETITION	BOZEMAN, MT
SEP 2015	2015 BOZEMAN MARATHON & HALF MARATHON	BOZEMAN, MT
OCT 2015	MONTANA CLASS B DISTRICT VOLLEYBALL TOURNAMENT	BELGRADE, MT
FEB 2016	MONTANA CLASS B DISTRICT BASKETBALL TOURNAMENT	BELGRADE, MT
MAR 2016	RUN TO THE PUB 10K & HALF MARATHON	BOZEMAN, MT
AUG 2016	SWEET PEA 5K & 10K	BOZEMAN, MT
AUG 2016	RIDGE RUN	BOZEMAN, MT
OCT 2016	MONTANA CLASS B DISTRICT VOLLEYBALL TOURNAMENT	BELGRADE, MT
FALL 2016	MANHATTAN HIGH SCHOOL VOLLEYBALL TEAM DOCTOR	MANHATTAN, MT
FEB 2017	MONTANA CLASS B DISTRICT BASKETBALL TOURNAMENT	BELGRADE, MT

MAR 2017	RUN TO THE PUB 10K & HALF MARATHON	BOZEMAN, MT
AUG 2017	RIDGE RUN	BOZEMAN, MT
OCT 2017	MONTANA CLASS B DISTRICT VOLLEYBALL TOURNAMENT	BELGRADE, MT
FALL 2017	MANHATTAN HIGH SCHOOL VOLLEYBALL TEAM DOCTOR	MANHATTAN, MT
FEB 2018	MONTANA CLASS B DISTRICT BASKETBALL TOURNAMENT	BELGRADE, MT
FEB 2018	BOZEMAN TRACK CLUB INDOOR TRACK MEET	BOZEMAN, MT
MAY 2018	HEADWATERS CLASSIC LACROSSE TOURNAMENT	BOZEMAN, MT
AUG 2018	VETERAN'S MEMORIAL ALL STAR SOFTBALL CLASSIC	BELGRADE, MT
AUG 2018	RIDGE RUN	BOZEMAN, MT
OCT 2018	MONTANA CLASS B DISTRICT VOLLEYBALL TOURNAMENT	BELGRADE, MT
OCT 2018	P1440 FIVB LAS VEGAS OPEN BEACH VOLLEYBALL	LAS VEGAS, NV
FALL 2018	MANHATTAN HIGH SCHOOL VOLLEYBALL TEAM DOCTOR	MANHATTAN, MT
FEB 2019	BOZEMAN TRACK CLUB INDOOR TRACK MEET	BOZEMAN, MT
APR 2019	NATIONAL COLLEGIATE TAE KWONDO CHAMPIONSHIPS	AUSTIN, TX
MAY 2019	RUN FOR RECOVERY	BOZEMAN, MT
JUNE 2019	AVP SEATTLE OPEN BEACH VOLLEYBALL	SEATTLE, WA
AUG 2019	SWEET PEA 5K & 10K	BOZEMAN, MT
AUG 2019	VETERAN'S MEMORIAL ALL STAR SOFTBALL CLASSIC	BELGRADE, MT
AUG 2019	RIDGE RUN	BOZEMAN, MT
FALL 2019	MANHATTAN HIGH SCHOOL VOLLEYBALL TEAM DOCTOR	MANHATTAN, MT
FEB 2020	BOZEMAN TRACK CLUB INDOOR TRACK MEET	BOZEMAN, MT
FEB 2020	MONTANA CLASS B DISTRICT BASKETBALL TOURNAMENT	MANHATTAN, MT
MAR 2020	HOUSTON LIVESTOCK SHOW AND RODEO	HOUSTON, TX
OCT 2020	COLLIN CAMPBELL MEMORIAL GOLF TOURNAMENT	THE WOODLANDS, TX
OCT 2021	WAKO KICKBOXING WORLD CHAMPIONSHIPS	JESOLO, ITALY
NOV 2021	ITTF TABLE TENNIS WORLD CHAMPIONSHIPS	HOUSTON, TX
DEC 2021	US OLYMPIC/PARALYMPIC TRAINING CENTER ROTATION	LAKE PLACID, NY